



Objectives of Training and Training Overview



Objectives of Training

- In view of COVID-19 scenario in the state COVID Care Centers (CCC), Dedicated COVID Health Centers (DCHC) and Dedicated COVID Hospitals (DCH) have been set up in the Districts to manage pre-symptomatic/mild/very mild, moderate and critical cases at different levels respectively
- To keep pace with the rapidly evolving situation, it is a felt need of the State to ensure that the staff deputed at these facilities are well oriented and trained on various guidelines and protocols of COVID-19 related to following:
 - Admission
 - Daily Surveillance
 - Sampling and Lab protocols
 - Clinical Management
 - Infection prevention and control
 - BMW Management etc. along with onsite mentoring of the institutions

Training Overview

The training curriculum designed based on guidelines and protocols of state and union government attempts to cover the following topics in an interactive manner and also incorporates checkpoints in the form of quiz and Q&A sessions to assess and reinforce the understanding of the participants

S.No.	Presentation	Topics Covered
1	Home isolation of COVID-19 Cases	<ol style="list-style-type: none">1. Eligibility for Home Isolation2. Instructions for Home Isolation
2	Clinical Management of COVID-19 Cases	<ol style="list-style-type: none">1. Clinical Syndromes associated with COVID Infection2. Types of facilities and Indications for Admissions3. Early supportive therapy and monitoring4. Management of hypoxemic respiratory failure and ARDS5. Prevention of complication
3	Management of PW with COVID-19	<ol style="list-style-type: none">1. Effect of COVID-19 on Pregnancy2. Management of COVID- 19 positive pregnant women3. General Precautions to be followed during and after delivery
4	Pediatric care in COVID-19	<ol style="list-style-type: none">1. Neonatal COVID-19 Protocol2. Breastfeeding in COVID-19 Mothers3. Child Health Services During COVID-194. Paediatric Protocols5. Lab diagnosis, early supportive therapy and monitoring6. Management of hypoxemic respiratory failure and ARDS, septic shock7. Prevention of complications
5	CCC technical protocols and discharge policy	<ol style="list-style-type: none">1. COVID-19 healthcare facility categories2. Referral journey for patients3. Infra, HR, equipment requirement for CCC4. Essential Diagnostics and Surveillance in CCCs5. Referral6. Eligibility for Discharge7. Pre-Discharge Protocol8. Revised Discharge Policy

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6	Medical nutrition therapy for COVID-19	<ol style="list-style-type: none">1. Nutritional Implication of COVID-19 Symptoms2. Nutritional Guidelines (ASPEN)3. Foods to Fulfill Nutritional Requirement4. Nutritional Diagnosis5. Indicative Meal Plan6. Special Instruction Related to Nutrition
7	Sampling and lab protocols	<ol style="list-style-type: none">1. Why and whom to test2. ICMR Strategy for COVID 19 testing3. How to test + Video4. Packaging
8	Bio Medical Waste management Food and Laundry	<ol style="list-style-type: none">1. Principles of BMW Management2. Cleaning and disinfection3. Mehtod of PPE disposal4. Laundry5. Miconutrient needs based in daily allowance
9	IPC Measures	<ol style="list-style-type: none">1. Basic hand hygiene2. Use of PPE kit3. Respiratory hygiene4. Cleaning and disinfection5. Isolation and barrier nursing6. Special precautions
10	Psychological care of COVID-19 Patients	<ol style="list-style-type: none">1. Psychological care needs of COVID-19 patients2. Stress management in isolation3. Occupational Stress Management in healthcare workers
11	Monitoring and Evaluation	<ol style="list-style-type: none">1. Pillars of public health response to COVID-192. Rapid situation analysis of District Allotted3. Facility Audit